

# "GROW-A-SWEATER"



DESIGNS BY  
MARION KELLEY

# INTRODUCTION

Six great styles that all start with one basic pattern. Begin with the classic V Neck Vest, become familiar with the pattern stitches, and then knit one, or even all five, of the remaining designs. Worsted weight yarn and size 10 needles combine to make these beautiful textured sweaters work quickly. We hope that you are pleased with the designs and that you find the instructions easy to follow. Please write to us with any questions or comments.

*Barbara C. Rondeau*

Design Department

# GENERAL INSTRUCTIONS

## ABBREVIATIONS

C2B	Cable 2 Back
C4B	Cable 4 Back
C2F	Cable 2 Front
C4F	Cable 4 Front
ch	chain
K	knit
mm	millimeters
P	purl
PSSO	pass slipped stitch over
sc	single crochet(s)
st(s)	stitch(es)
tog	together

★ — work instructions following ★ as many **more** times as indicated in addition to the first time.

( ) or [ ] — work enclosed instructions **as many** times as specified by the number immediately following **or** contains explanatory remarks.

work even — work without increasing or decreasing in the established pattern.

## GAUGE

Correct gauge is essential for proper fit. Needle sizes given in instructions are merely guides and should never be used without first making a sample swatch approximately 4" square in the stitch, yarn, and needle specified. Then measure it, counting your stitches and rows carefully. If you have more stitches per inch than specified, try again with a larger size needle; if fewer, try again with a smaller size. Keep trying until you find the size that will give you the specified gauge. **DO NOT HESITATE TO CHANGE NEEDLE SIZE TO OBTAIN CORRECT GAUGE.** Once proper gauge is obtained, measure width of garment approximately every 3" to be sure gauge remains consistent.

## MARKERS

As a convenience to you, we have used markers to help distinguish the beginning of a pattern. Place markers as instructed. You may use purchased markers or tie a length of contrasting color yarn around needle. When you reach a marker on each row, slip it from the left needle to the right needle; remove it when no longer needed. Markers are used to help distinguish the beginning of each round being worked. Place a marker before the first stitch of each round, moving marker after each round is completed.

## REMINDERS

**Increases** are made by working into the front and into the back of the same stitch.

### Decreases

**K2 tog** - Knit two stitches together.

**P2 tog** - Purl two stitches together.

## ADDING NEW STITCHES

Turn work around so needles are reversed, insert right needle into stitch as if to knit, yarn over, and pull loop through (**Fig. 1a**), slip loop just worked back onto left needle (**Fig. 1b**). Repeat for required number of stitches.

Fig. 1a

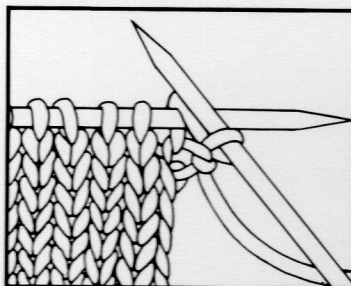
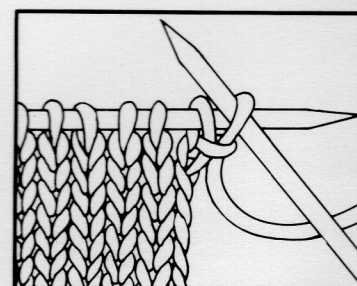


Fig. 1b



## FINISHING

As in all garments, good finishing techniques make a big difference in the quality of the piece. Do not tie knots. Always start a new ball at the beginning of a row, leaving ends long enough to weave in later.

## PICKING UP STITCHES

When instructed to pick up stitches, insert the needle under two strands at the edge of the worked piece (**Figs. 2a & b**). Put the yarn around the needle and pull it through, making a stitch on the needle. Repeat along the edge, picking up the required number of stitches.

A crochet hook may be helpful to pull yarn through.

Fig. 2a

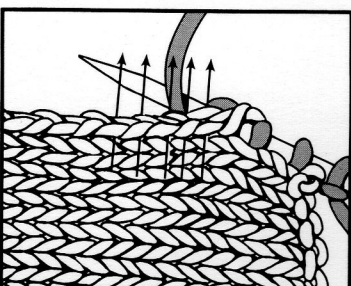
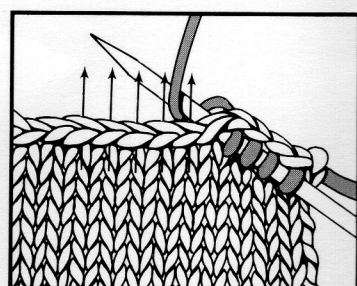


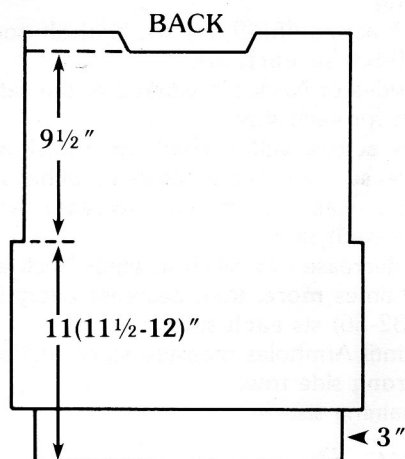
Fig. 2b



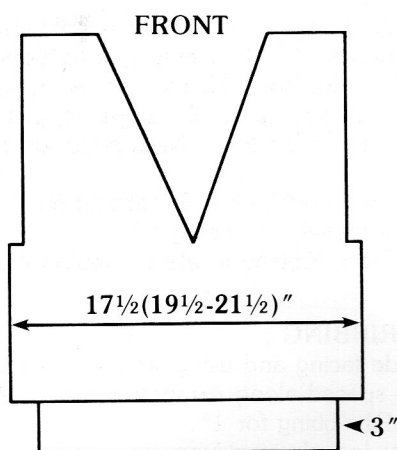
We have made every effort to ensure that these instructions are accurate and complete. We cannot, however, be responsible for human error, typographical mistakes or variations in individual work.

Garments made and instructions tested by Jennie Black, Ruth Blaylock, Elizabeth Edmonson, Beverly Harp, Maria Harris, Lisa Hightower, Winnie Monroe and Kitty Jo Pietzuch.

# 1. VEST



All measurements are approximate.



<b>Size:</b>	<b>Small</b>	<b>Medium</b>	<b>Large</b>
<b>Bust Measurement:</b>	30-32"	34-36"	38-40"
<b>Finished Measurement:</b>	35"	39"	43"

**Size Note:** Instructions are written for size Small with sizes Medium and Large in parentheses. Instructions will be easier to read, if you circle all the numbers pertaining to your size.

## MATERIALS

Worsted Weight Yarn, approximately:

12(13 1/2-15) ounces, [340(380-430) grams,  
825(925-1,030) yards]

Straight knitting needles, sizes 7 (4.5 mm) and 10 (6.0 mm)  
or sizes needed for gauge

24" Circular needle, size 7 (4.5 mm)

Cable needle

Markers

Yarn needle

**GAUGE:** With larger size needles, in Loose Rib Pattern,  
16 sts and 22 rows = 4"



## PATTERN STITCHES USED

**LOOSE RIB** (Multiple of 2 sts plus 1)

**Row 1** (Right side): Knit across.

**Row 2:** K1, (P1, K1) across.

Repeat Rows 1 and 2 for pattern.

**CABLE PANEL** (Multiple of 29 sts)

**Note:** Special cables are used in this pattern.

They are worked as follows:

**C2F** (Cable 2 Front) - Slip 2 sts onto cable needle and hold in **front** of work, K2, K2 from cable needle.

**C2B** (Cable 2 Back) - Slip 2 sts onto cable needle and hold in **back** of work, K2, K2 from cable needle.

**C4F** (Cable 4 Front) - Slip 4 sts onto cable needle and hold in **front** of work, K2, slip 2 purl sts back onto left needle, P2, K2 from cable needle.

**C4B** (Cable 4 Back) - Slip 4 sts onto cable needle and hold in **back** of work, K2, slip 2 purl sts back onto left needle, P2, K2 from cable needle.

**Row 1** (Right side): P2, K4, (P2, K2) twice, P1, (K2, P2) twice, K4, P2.

**Row 2:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 3:** P2, K4, (P2, K2) twice, P1, (K2, P2) twice, K4, P2.

**Row 4:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 5:** P2, C2F, P2, C4B, P1, C4F, P2, C2B, P2.

**Row 6:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 7:** P2, K4, (P2, K2) twice, P1, (K2, P2) twice, K4, P2.

**Row 8:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 9:** P2, C2F, (P2, K2) twice, P1, (K2, P2) twice, C2B, P2.

**Row 10:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 11:** P2, K4, (P2, K2) twice, P1, (K2, P2) twice, K4, P2.

**Row 12:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 13:** P2, C2F, (P2, K2) twice, P1, (K2, P2) twice, C2B, P2.

**Row 14:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

Repeat Rows 3-14 for pattern.

## BACK

### RIBBING

With smaller size needles, cast on 81(89-97) sts **loosely**.

**Row 1:** P1, (K1, P1) across.

**Row 2:** K1, (P1, K1) across.

Repeat Rows 1 and 2 until Ribbing measures approximately 3", ending by working Row 2.

**Last Row** (Increase row): P1, (K1, P1) 6(8-10) times, (increase, P1) 7 times, (K1, P1) 14 times, (increase, P1) 7 times, (K1, P1) 6(8-10) times: 95(103-111) sts.

### BODY

Change to larger size needles.

**Row 1** (Right side): Work 9(13-17) sts in Loose Rib Pattern, place marker (*see Markers, page 1*), work Row 1 of Cable Panel, place marker, work 19 sts in Loose Rib Pattern, place marker, work Row 1 of Cable Panel, place marker, work 9(13-17) sts in Loose Rib Pattern.

**Row 2:** (Work next row of Loose Rib Pattern to marker, work next row of Cable Panel) twice, work next row of Loose Rib Pattern across.

Repeat Row 2 until Back measures approximately 11(11½-12)" from cast on edge **or desired length to underarm**, ending by working a **wrong** side row.

### Armhole Shaping

**Note:** Maintain established pattern throughout.

**Rows 1 and 2:** Bind off 2 sts at the beginning of the next 2 rows, work across: 91(99-107) sts.

Work even until Armholes measure approximately 9½", ending by working a **wrong** side row.

### Neck Shaping

**Row 1:** Work across 33(37-41) sts, bind off 25 sts, work across: 33(37-41) sts **each** side.

**Note:** Both sides of Neck are worked at the same time, using separate yarn for each side.

**Row 2** (Decrease row): Work across to within 2 sts of Neck edge, decrease; with second yarn, decrease, work across: 32(36-40) sts **each** side.

**Rows 3-6:** Repeat Row 2, 4 times: 28(32-36) sts **each** side. Bind off remaining sts.

## FRONT

Work same as Back to Armhole Shaping.

### Armhole Shaping

**Note:** Maintain established pattern throughout.

**Rows 1 and 2:** Bind off 2 sts at the beginning of the next 2 rows, work across: 91(99-107) sts.

### Neck Shaping

**Row 1:** Work across 45(49-53) sts, bind off one st, work across: 45(49-53) sts **each** side.

**Note:** Both sides of Neck are worked at the same time, using separate yarn for each side.

**Row 2:** Work across; with second yarn, work across.

**Row 3** (Decrease row): Work across to within 2 sts of Neck edge, decrease; with second yarn, decrease, work across: 44(48-52) sts **each** side.

Continue to decrease one stitch at **each** Neck edge, every other row, 9 times **more**; then decrease every fourth row, 7 times: 28(32-36) sts **each** side.

Work even until Armholes measure same as Back, ending by working a **wrong** side row.

Bind off remaining sts.

## FINISHING

Sew shoulder seams.

### NECK RIBBING

With **right** side facing, using circular needle and beginning at center of V, pick up 57 sts evenly spaced along right Front Neck edge (*Fig. 2a, page 1*), pick up 34 sts evenly spaced across Back Neck edge (*Fig. 2b, page 1*), pick up 57 sts evenly spaced along left Front Neck edge; do **not** join: 148 sts.

Working in rows, work in K1, P1 ribbing for 1".

Bind off all sts **loosely** in ribbing.

Sew ends of Neck Ribbing in place, lapping the right side over the left.

### ARMHOLE RIBBING

With **right** side facing and using smaller size needles, pick up 96 sts evenly spaced along Armhole edge.

Work in K1, P1 ribbing for 1".

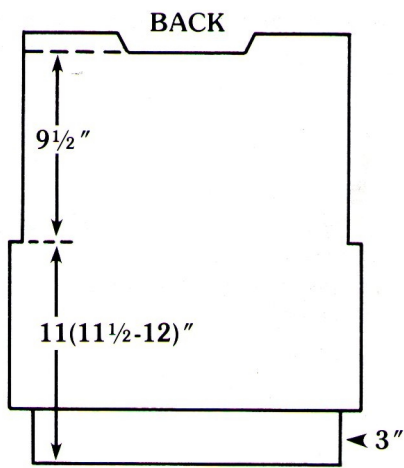
Bind off all sts **loosely** in ribbing.

Repeat for second Armhole.

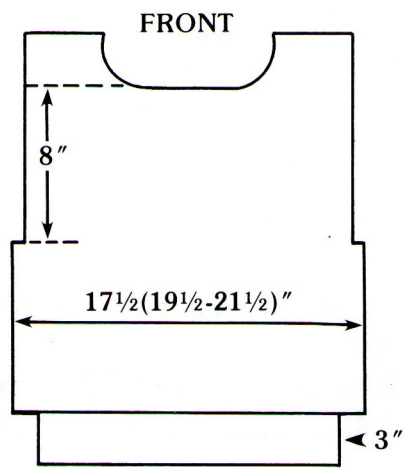
Sew side seams.



2. SHORT SLEEVE SWEATER



All measurements are approximate.



FRONT

Work same as Back until Armholes measure approximately 8", ending by working a **wrong** side row: 91(99-107) sts.

Neck Shaping

**Row 1:** Work across 33(37-41) sts, bind off 25 sts, work across: 33(37-41) sts **each** side.

**Note:** Both sides of Neck are worked at the same time, using separate yarn for each side.

**Row 2:** Work across; with second yarn, work across.

**Row 3** (Decrease row): Work across to within 2 sts of Neck edge, decrease; with second yarn, decrease, work across: 32(36-40) sts **each** side.

**Rows 4-11:** Repeat Rows 2 and 3, 4 times: 28(32-36) sts **each** side.

Work even until Armholes measure same as Back, ending by working a **wrong** side row.

Bind off remaining sts.

Sew shoulder seams.

SLEEVE

With **right** side facing and using larger size needles, pick up 89 sts evenly spaced along Armhole edge (**Figs. 2a & b, page 1**).

Beginning with Row 2, work in Loose Rib Pattern until Sleeve measures approximately 7 1/2", ending by working a **right** side row.

Bind off all sts in Pattern.

Repeat for second Sleeve.

FINISHING

NECK RIBBING

With **right** side facing and using circular needle, pick up 5 sts along right Back Neck edge, pick up 25 sts across Back Neck edge, pick up 5 sts along left Back Neck edge, pick up 13 sts along left Front Neck edge, pick up 25 sts across Front Neck edge, pick up 13 sts along right Front Neck edge, place marker: 86 sts.

Work in K1, P1 ribbing around for 2".

Bind off all sts **very loosely** in ribbing.

Fold Neck Ribbing to **wrong** side and sew **loosely** in place.

Sew underarm and side in one continuous seam.

Size:	Small	Medium	Large
Bust Measurement:	30-32"	34-36"	38-40"
Finished Measurement:	35"	39"	43"

**Size Note:** Instructions are written for size Small with sizes Medium and Large in parentheses. Instructions will be easier to read, if you circle all the numbers pertaining to your size.

MATERIALS

- Worsted Weight Yarn, approximately:  
15 1/2(17-18 1/2) ounces, [440(480-530) grams,  
1,065(1,165-1,270) yards]
- Straight knitting needles, sizes 7 (4.5 mm) **and** 10 (6.0 mm)  
or sizes needed for gauge
- 16" Circular needle, size 7 (4.5 mm)
- Cable needle
- Markers
- Yarn needle

**GAUGE:** With larger size needles, in Loose Rib Pattern,  
16 sts and 22 rows = 4"

BACK

Work same as Vest Back, page 3.

### 3. POLO



<b>Size:</b>	<b>Small</b>	<b>Medium</b>	<b>Large</b>
<b>Bust Measurement:</b>	30-32"	34-36"	38-40"
<b>Finished Measurement:</b>	35"	39"	43"

**Size Note:** Instructions are written for size Small with sizes Medium and Large in parentheses. Instructions will be easier to read, if you circle all the numbers pertaining to your size.

#### MATERIALS

Worsted Weight Yarn, approximately:

15(16½-18) ounces, [430(470-510) grams,  
1,030(1,130-1,235) yards]

Straight knitting needles, sizes 7 (4.5 mm) **and** 10 (6.0 mm)  
**or** sizes needed for gauge

16" Circular needle, size 10 (6.0 mm)

Cable needle

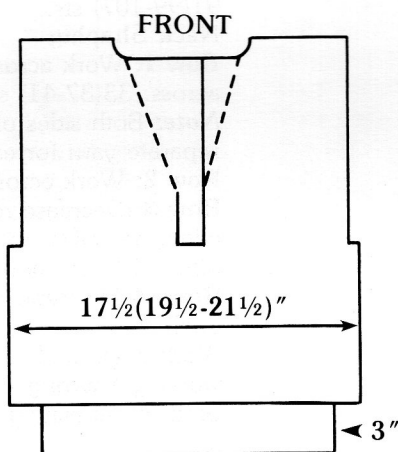
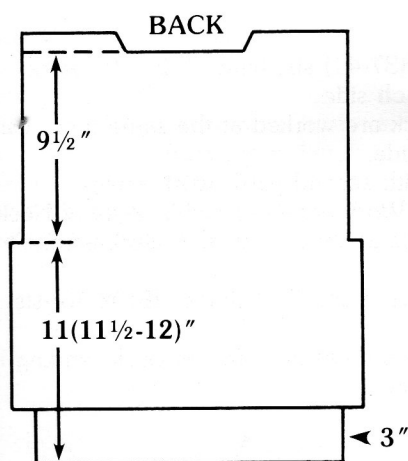
Markers

Stitch holders - 2

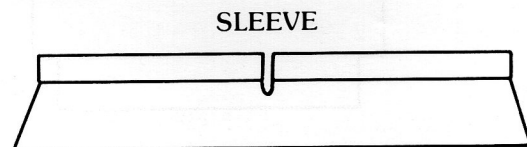
Yarn needle

¾" Buttons - 8

**GAUGE:** With larger size needles, in Reverse Loose Rib,  
16 sts and 22 rows = 4"



All measurements are approximate.



**REVERSE LOOSE RIB** (Multiple of 2 sts plus 1)

**Row 1** (Right side): K1, (P1, K1) across.

**Row 2:** Knit across.

Repeat Rows 1 and 2 for pattern.

#### BACK

##### RIBBING

With smaller size needles, cast on 83(91-99) sts **loosely**.

**Row 1:** P1, (K1, P1) across.

**Row 2:** K1, (P1, K1) across.

Repeat Rows 1 and 2 until Ribbing measures approximately 3", ending by working Row 2.

**Last Row** (Increase row): P1, (K1, P1) 4(6-8) times, (increase, P1) 7 times, (K1, P1) 19 times, (increase, P1) 7 times, (K1, P1) 4(6-8) times: 97(105-113) sts.

#### BODY

Change to larger size needles.

**Row 1** (Right side): Work 5(9-13) sts in Reverse Loose Rib, place marker (*see Markers, page 1*), work Row 1 of Cable Panel (*see Cable Panel, page 2*), place marker, work 29 sts in Reverse Loose Rib, place marker, work Row 1 of Cable Panel, place marker, work 5(9-13) sts in Reverse Loose Rib.

**Row 2:** (Work next row of Reverse Loose Rib to marker, work next row of Cable Panel) twice, work next row of Reverse Loose Rib across.

Repeat Row 2 until Back measures approximately 11(11½-12)" from cast on edge **or desired length to underarm**, ending by working a **wrong side row**.

**Armhole Shaping**

**Note:** Maintain established pattern throughout.

**Rows 1 and 2:** Bind off 2 sts at the beginning of the next 2 rows, work across: 93(101-109) sts.

Work even until Armholes measure approximately 9½", ending by working a **wrong** side row.

**Neck Shaping**

**Row 1** (Right side): Work across 33(37-41) sts, bind off 27 sts, work across: 33(37-41) sts **each** side.

**Note:** Both sides of Neck are worked at the same time, using separate yarn for each side.

**Row 2** (Decrease row): Work across to within 2 sts of Neck edge, decrease; with second yarn, decrease, work across: 32(36-40) sts **each** side.

**Rows 3-6:** Repeat Row 2, 4 times: 28(32-36) sts **each** side. Bind off remaining sts.

**FRONT**

Work same as Back to Armhole Shaping.

**Armhole Shaping**

**Note:** Maintain established pattern throughout.

**Rows 1 and 2:** Bind off 2 sts at the beginning of the next 2 rows, work across: 93(101-109) sts.

**Placket**

**Note:** Both sides of Placket are worked at the same time, using separate yarn for each side.

**Row 1** (Right side): Work across 43(47-51) sts, add on 7 sts (**Figs. 1a & b, page 1**); with second yarn, K1, (P1, K1) 3 times, work across: 50(54-58) sts **each** side.

**Row 2:** Work across 43(47-51) sts, P1, (K1, P1) 3 times; with second yarn, P1, (K1, P1) 3 times, work across.

**Row 3:** Work across 43(47-51) sts, K1, (P1, K1) 3 times; with second yarn, K1, (P1, K1) 3 times, work across.

Repeat Rows 2 and 3 until Placket measures approximately 2", ending by working Row 2.

**Buttonhole Row 1** (Right side): Work across 43(47-51) sts, K1, (P1, K1) 3 times; with second yarn, K1, P1, bind off 2 sts (Buttonhole), K1, P1, K1, work across.

**Buttonhole Row 2:** Work across 43(47-51) sts, P1, K1, P1, add on 2 sts, K1, P1; with second yarn, P1, (K1, P1) 3 times, work across.

**Next Row:** Work across 41(45-49) sts, K1, (P1, K1) 4 times; with second yarn, K1, (P1, K1) 4 times, work across.

Continue in pattern, working Buttonhole Rows 1 and 2 every 2", 3 times **more** AND AT THE SAME TIME moving Placket pattern 2 sts **each** side, every 1¼", 5 times **more**.

Work even until Front measures same as Back to Neck Shaping, ending by working a **wrong** side row.

**Neck Shaping**

**Row 1** (Right side): Work across 33(37-41) sts, slip next 17 sts onto st holder; work across 17 sts and slip sts just worked onto st holder, work across: 33(37-41) sts **each** side.

**Row 2** (Decrease row): Work across to within 2 sts of Neck edge, decrease; with second yarn, decrease, work across: 32(36-40) sts **each** side.

**Rows 3-6:** Repeat Row 2, 4 times: 28(32-36) sts **each** side. Bind off remaining sts.

Sew shoulder seams.

**LEFT SLEEVE**

With **right** side facing and using larger size needles, pick up 89 sts evenly spaced along left Armhole edge (**Figs. 2a & b, page 1**).

**Row 1:** Knit across.

**Row 2** (Right side): K1, (P1, K1) across.

**Rows 3-5:** Repeat Rows 1 and 2 once, then repeat Row 1 once **more**.

**Row 6** (Decrease row): Decrease, work across to last 2 sts, decrease: 87 sts.

Continue in pattern, decreasing one stitch at **each** edge, every fourth row, twice: 83 sts.

**Placket Shaping**

**Note:** Maintain established pattern throughout.

**Row 1:** Work across 41 sts, bind off one st, work across: 41 sts **each** side.

**Note:** Both sides of Placket are worked at the same time, using separate yarn for each side.

**Rows 2 and 3:** Work across; with second yarn, work across.

**Row 4** (Decrease row): Decrease, work across; with second yarn, work across to last 2 sts, decrease: 40 sts **each** side.

**Row 5:** Work across; with second yarn, work across.

**RIBBING**

Change to smaller size needles.

**Rows 1-6:** Work in K1, P1 ribbing across; with second yarn, work in K1, P1 ribbing across.

**Buttonhole Row 1** (Right side): Work across to last 5 sts, bind off 2 sts (Buttonhole), work across; with second yarn, work across.

**Buttonhole Row 2:** Work across; with second yarn, work across to bound off sts, add on 2 sts, work across.

**Last Row:** Work across; with second yarn, work across. Bind off remaining sts **loosely** in ribbing.

**RIGHT SLEEVE**

With **right** side facing and using larger size needles, pick up 89 sts evenly spaced along right Armhole edge.

Work same as Left Sleeve to Buttonhole Row 1.

**Buttonhole Row 1** (Right side): Work across; with second yarn, work across 3 sts, bind off 2 sts (Buttonhole), work across.

**Buttonhole Row 2:** Work across to bound off sts, add on 2 sts, work across; with second yarn, work across.

**Last Row:** Work across; with second yarn, work across. Bind off remaining sts **loosely** in ribbing.

**FINISHING**

**COLLAR**

With **right** side facing and using circular needle, work in pattern across sts on right Front st holder, pick up 5 sts along right Front Neck edge, pick up 5 sts along right Back Neck edge, pick up 27 sts across Back Neck, pick up 5 sts along left Back Neck edge, pick up 5 sts along left Front Neck edge, slip sts from left Front st holder onto empty needle and work across in pattern: 81 sts.

**Row 1:** P1, (K1, P1) across.

**Row 2** (Right side): K1, (P1, K1) across.

Repeat Rows 1 and 2 until Collar measures approximately 1½" from last Buttonhole, ending by working Row 1.

**Buttonhole Row 1** (Right side): Work across to last 5 sts, bind off 2 sts, work across.

**Buttonhole Row 2:** Work across to bound off sts, add on 2 sts, work across.

Work in established ribbing until Collar measures approximately 1½" from last Buttonhole, ending by working **wrong** side row.

Repeat Buttonhole Rows 1 and 2.

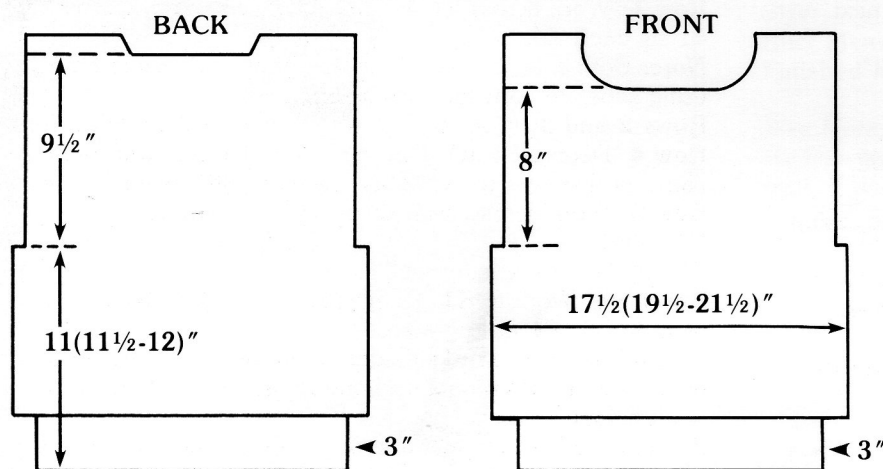
**Next Row:** Work across in established ribbing. Bind off all sts **loosely** in ribbing.

Sew underarm and side in one continuous seam.

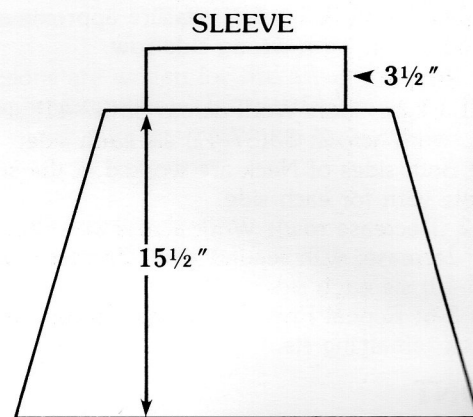
Sew bottom edge of Front Placket in place, lapping Right Placket over Left Placket.

Add buttons.

# 4. LONG SLEEVE SWEATER



All measurements are approximate.



<b>Size:</b>	<b>Small</b>	<b>Medium</b>	<b>Large</b>
<b>Bust Measurement:</b>	30-32"	34-36"	38-40"
<b>Finished Measurement:</b>	35"	39"	43"

**Size Note:** Instructions are written for size Small with sizes Medium and Large in parentheses. Instructions will be easier to read, if you circle all the numbers pertaining to your size.

## MATERIALS

Worsted Weight Yarn, approximately:  
 23(25-27) ounces, [650(710-770) grams,  
 1,575(1,715-1,850) yards]  
 Straight knitting needles, sizes 7 (4.5 mm) **and** 10 (6.0 mm)  
 or sizes needed for gauge  
 16" Circular needle, size 7 (4.5 mm)  
 Cable needle  
 Markers  
 Yarn needle

**GAUGE:** With larger size needles, in Loose Rib Pattern,  
 16 sts and 22 rows = 4"

## BACK

Work same as Vest Back, page 3.

## FRONT

Work same as Back until Armholes measure approximately 8",  
 ending by working a **wrong** side row.

### Neck Shaping

Complete same as Short Sleeve Sweater Front, page 4.

## SLEEVE

**REVERSE CABLE PANEL** (Multiple of 29 sts)

**Row 1** (Right side): P2, K4, (P2, K2) twice, P1, (K2, P2) twice, K4, P2.

**Row 2:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 3:** P2, K4, (P2, K2) twice, P1, (K2, P2) twice, K4, P2.

**Row 4:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 5:** P2, C2B, P2, C4F, P1, C4B, P2, C2F, P2.

**Row 6:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 7:** P2, K4, (P2, K2) twice, P1, (K2, P2) twice, K4, P2.

**Row 8:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 9:** P2, C2B, (P2, K2) twice, P1, (K2, P2) twice, C2F, P2.

**Row 10:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 11:** P2, K4, (P2, K2) twice, P1, (K2, P2) twice, K4, P2.

**Row 12:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

**Row 13:** P2, C2B, (P2, K2) twice, P1, (K2, P2) twice, C2F, P2.

**Row 14:** K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2.

Repeat Rows 3-14 for pattern.

## BODY

With **right** side facing and using larger size needles, pick up 99 sts evenly spaced along Armhole edge (**Figs. 2a & b, page 1**).

**Row 1:** K1, (P1, K1) 17 times, place marker, K2, P4, (K2, P2) twice, K1, (P2, K2) twice, P4, K2, place marker, K1, (P1, K1) across.

**Row 2** (Right side): Work Row 1 of Loose Rib Pattern to marker, work Row 1 of Reverse Cable Panel, work Row 1 of Loose Rib Pattern across.

**Row 3:** Work next row of Loose Rib Pattern to marker, work next row of Reverse Cable Panel, work next row of Loose Rib Pattern across.

Repeat Row 3 until Sleeve measures approximately 11 1/2", ending by working a **wrong** side row.

### Shaping

**Note:** Maintain established pattern throughout.

**Decrease Row:** Decrease, work across to last 2 sts, decrease: 97 sts.

Continue to decrease one stitch at **each** edge, every eighth row, 9 times: 79 sts.

Work even until Sleeve measures approximately 15 1/2", ending by working a **wrong** side row.

## RIBBING

Change to smaller size needles.

**Row 1:** K1, K2 tog across: 40 sts.

Work in K1, P1 ribbing for 3 1/2".

Bind off all sts **loosely** in ribbing.

Repeat for second Sleeve.

## FINISHING

### NECK RIBBING

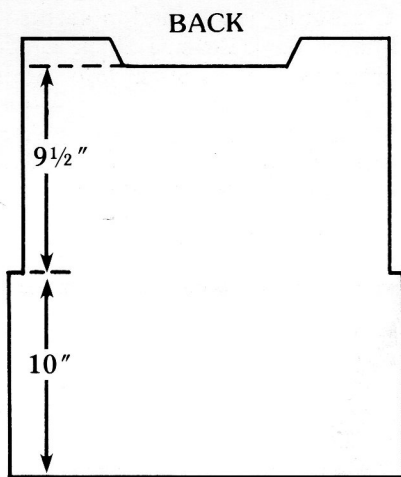
Work same as Short Sleeve Sweater, page 4, for approximately 6".

Bind off all sts **very loosely** in ribbing.

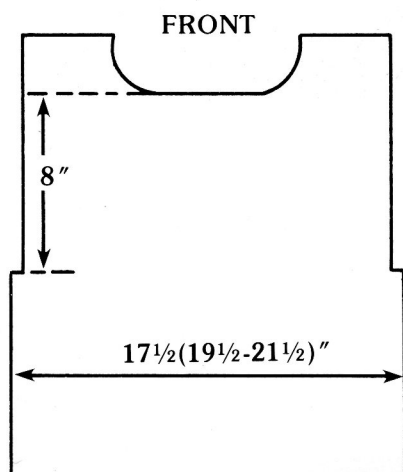
Fold Neck Ribbing to **wrong** side and sew **loosely** in place.

Sew underarm and side in one continuous seam.

# 5. JERKIN



All measurements are approximate.



<b>Size:</b>	<b>Small</b>	<b>Medium</b>	<b>Large</b>
<b>Bust Measurement:</b>	30-32"	34-36"	38-40"
<b>Finished Measurement:</b>	35"	39"	43"

**Size Note:** Instructions are written for size Small with sizes Medium and Large in parentheses. Instructions will be easier to read, if you circle all the numbers pertaining to your size.

## MATERIALS

Worsted Weight Yarn, approximately:  
 13 1/2 (14 1/2-15 1/2) ounces, [380 (410-440) grams,  
 925 (995-1,065) yards]  
 Straight knitting needles, size 10 (6.0 mm) **or** size needed  
 for gauge  
 Crochet hook, size G (4.5 mm)  
 Cable needle  
 Markers  
 Yarn needle  
 3/4" Buttons - 8

**GAUGE:** In Loose Rib Pattern,  
 16 sts and 22 rows = 4"

## BACK

### BODY

Cast on 95 (103-111) sts **loosely**.  
 Work same as Vest Back Body, page 3, until Back measures  
 approximately 10" from cast on edge, ending by working a  
**wrong** side row.

### Armhole and Neck Shaping

Complete same as Vest Back.



## FRONT

Work same as Back until Armholes measure approximately 8",  
 ending by working a **wrong** side row: 91 (99-107) sts.

### Neck Shaping

Complete same as Short Sleeve Sweater Front, page 4.

## FINISHING

Sew shoulder seams.

### NECK EDGING

**Round 1:** With **right** side facing and using crochet hook, join  
 yarn with slip st at shoulder seam; ch 1, sc evenly around  
 Neck edge, join with slip st to first sc.

**Round 2:** Ch 1, do **not** turn, working from **left to right**,  
 ★ insert hook in st to right of hook (**Fig. 3a**), yarn over and  
 draw through, under and to left of loop on hook (2 loops on  
 hook) (**Fig. 3b**), yarn over and draw through both loops on  
 hook (**Fig. 3c**) (**Reverse Single Crochet made, Fig. 3d**);  
 repeat from ★ around; join with slip st to first st, finish off.

Fig. 3a

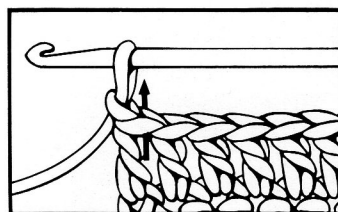


Fig. 3b

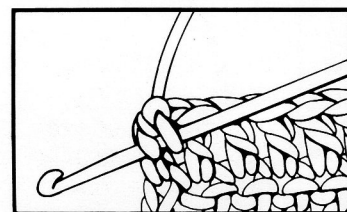


Fig. 3c

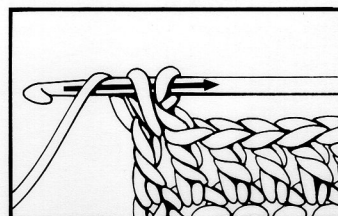
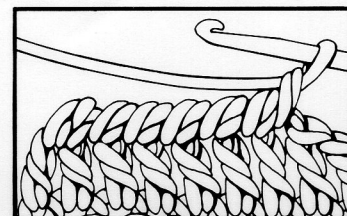


Fig. 3d



Continued on page 9.

## SIDE EDGING

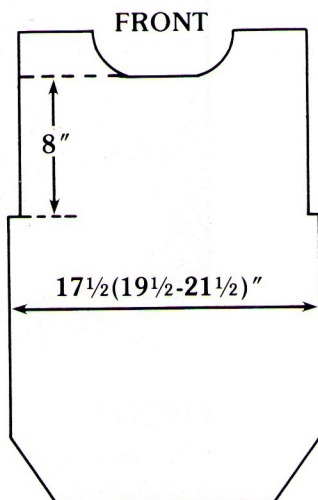
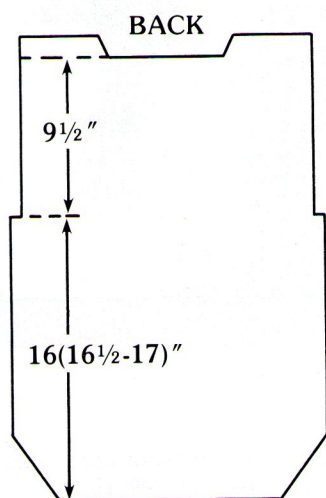
**Round 1:** With **right** side facing, join yarn with slip st to right front corner of bottom edge; ch 1, sc evenly across to left corner, sc evenly across to corner of left front Armhole Shaping, sc evenly around entire piece to corner of right front Armhole Shaping, sc evenly across to corner, join with slip st to first sc.

**Note:** Place 4 markers evenly spaced on both sides of Front for Buttonloops.

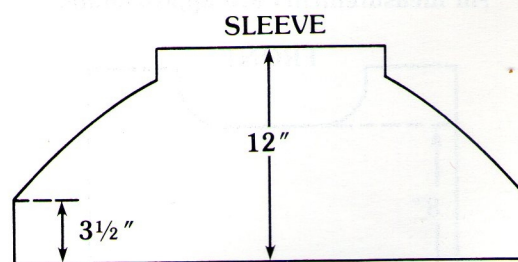
**Round 2:** Ch 1, do **not** turn, working from **left to right**, work Reverse Single Crochet in first sc, ch 4 (Buttonloop), (work Reverse Single Crochet in next sc and in each sc to next marker, ch 4) 3 times, work Reverse Single Crochet in next sc and in each sc around to corner of left front Armhole Shaping, work Reverse Single Crochet in next sc, ch 4, (work Reverse Single Crochet in next sc and in each sc to next marker, ch 4) 3 times, work Reverse Single Crochet in next sc and in each sc across; join with slip st to first st, finish off.

Add buttons.

## 6. TUNIC



All measurements are approximate.



Size:	Small	Medium	Large
Bust Measurement:	30-32"	34-36"	38-40"
Finished Measurement:	35"	39"	43"

**Size Note:** Instructions are written for size Small with sizes Medium and Large in parentheses. Instructions will be easier to read, if you circle all the numbers pertaining to your size.

### MATERIALS

Worsted Weight Yarn, approximately:

23(25-27) ounces, [650(710-770) grams,  
1,575(1,715-1,850) yards]

Straight knitting needles, sizes 7 (4.5 mm) **and** 10 (6.0 mm)  
or sizes needed for gauge

16" Circular needle, size 10 (6.0 mm)

Cable needle

Crochet hook, size G (4.5 mm) (optional)

Markers

Yarn needle

**GAUGE:** With larger size needles, in Loose Rib Pattern,  
16 sts and 22 rows = 4"

## BACK

With larger size needles, cast on 79(87-95) sts **loosely**.

**Row 1** (Right side): K1(5-9) sts, place marker, work Row 1 of Cable Panel (**see Cable Panel, page 2**), place marker, K 19, place marker, work Row 1 of Cable Panel, place marker, K1(5-9).

**Row 2:** K1, (P1, K1) 0(2-4) times, work Row 2 of Cable Panel, K1, (P1, K1) across to marker, work Row 2 of Cable Panel, K1, (P1, K1) 0(2-4) times.

**Row 3** (Increase row): Increase, K 0(4-8), work Row 3 of Cable Panel, knit to marker, work Row 3 of Cable Panel, K 0(4-8), increase: 81(89-97) sts.

**Row 4:** (P1, K1) across to marker, work next row of Cable Panel, K1, (P1, K1) across to marker, work next row of Cable Panel, (K1, P1) across.

**Row 5** (Increase row): Increase, (knit to marker, work next row of Cable Panel) twice, knit across to last st, increase: 83(91-99) sts.

**Row 6:** [K1, (P1, K1) across to marker, work next row of Cable Panel] twice, K1, (P1, K1) across.

**Row 7** (Increase row): Increase, (knit to marker, work next row of Cable Panel) twice, knit across to last st, increase: 85(93-101) sts.

**Rows 8-17:** Repeat Rows 4-7 twice, then repeat Rows 4 and 5 once **more**: 95(103-111) sts.

**Row 18:** [K1, (P1, K1) across to marker, work next row of Cable Panel] twice, K1, (P1, K1) across.

**Row 19:** (Knit to marker, work next row of Cable Panel) twice, knit across.

Repeat Rows 18 and 19 until Back measures approximately 16(16½-17)" from cast on edge **or desired length to underarm**, ending by working a **wrong** side row.

### Armhole and Neck Shaping

Complete same as Vest Back, page 3.

## FRONT

Work same as Back until Armholes measure approximately 8", ending by working a **wrong** side row: 91(99-107) sts.

### Neck Shaping

Complete same as Short Sleeve Sweater Front, page 4.

Sew shoulder seams.

## SLEEVE

With **right** side facing and using larger size needles, pick up 121 sts along Armhole edge (**Figs. 2a & b, page 1**).

**Row 1:** (K1, P1) twice, K2, P4, K3, ★ P1, (K1, P1) twice, K3, P4, K3; repeat from ★ across to last 3 sts, P1, K1, P1.

**Row 2** (Right side): (K4, P2) twice, ★ K7, P2, K4, P2; repeat from ★ across to last 4 sts, K4.

**Row 3:** Repeat Row 1.

**Row 4:** K4, P2, C2B, P2, (K7, P2, C2B, P2) 3 times, (K7, P2, C2F, P2) 4 times, K4: 8 Cables.

Repeat Rows 1-4 until Sleeve measures approximately 3½", ending by working Row 3.

### Shaping

**Note:** When instructed to slip a stitch, always slip as if to **knit**.

**Row 1** (Decrease row): K2, slip 1, K1, PSSO, P2, C2B, P2, (K2 tog, K3, slip 1, K1, PSSO, P2, C2B, P2) 3 times, (K2 tog, K3, slip 1, K1, PSSO, P2, C2F, P2) 4 times, K2 tog, K2: 105 sts.

**Row 2:** K1, P1, K3, P4, K2, ★ P1, (K1, P1) twice, K2, P4, K2; repeat from ★ across to last 3 sts, P1, K1, P1.

**Row 3:** K3, P2, K4, P2, (K5, P2, K4, P2) across to last 3 sts, K3.

**Row 4:** Repeat Row 2.

**Row 5:** K3, P2, C2B, P2, (K5, P2, C2B, P2) 3 times, (K5, P2, C2F, P2) 4 times, K3.

**Rows 6-8:** Repeat Rows 2-4.

**Row 9** (Decrease row): K1, slip 1, K1, PSSO, P2, C2B, P2, (K2 tog, K1, slip 1, K1, PSSO, P2, C2B, P2) 3 times, (K2 tog, K1, slip 1, K1, PSSO, P2, C2F, P2) 4 times, K2 tog, K1: 89 sts.

**Row 10:** K1, P1, K2, P4, K3, (P1, K3, P4, K3) across to last st, P1.

**Row 11:** K2, P2, K4, P2, (K3, P2, K4, P2) across to last 2 sts, K2.

**Row 12:** Repeat Row 10.

**Row 13:** K2, P2, C2B, P2, (K3, P2, C2B, P2) 3 times, (K3, P2, C2F, P2) 4 times, K2.

**Rows 14-16:** Repeat Rows 10-12.

**Row 17** (Decrease row): K1, (P2 tog, P1, C2B, P1, P2 tog, K1) 4 times, (P2 tog, P1, C2F, P1, P2 tog, K1) across: 73 sts.

**Row 18:** K3, P4, K2, P1, (K2, P4, K2, P1) across.

**Row 19:** K1, (P2, K4, P2, K1) across.

**Row 20:** Repeat Row 18.

**Row 21:** (K1, P2, C2B, P2) 4 times, K1, (P2, C2F, P2, K1) across.

**Rows 22-24:** Repeat Rows 18-20.

**Row 25** (Decrease row): P2 tog, P1, C2B, (P2, P2 tog, P1, C2B) 3 times, (P2, P2 tog, P1, C2F) 4 times, P1, P2 tog: 64 sts.

**Row 26:** K2, P4, (K4, P4) across to last 2 sts, K2.

**Row 27:** P2, K4, (P4, K4) across to last 2 sts, P2.

**Row 28:** K2, P4, (K4, P4) across to last 2 sts, K2.

**Row 29** (Decrease row): P2, C2B, (P2, P2 tog, C2B) 3 times, P2, (P2 tog, C2F, P2) across: 57 sts.

### CUFF

Change to smaller size needles.

**Row 1:** K2, P4, (K3, P4) across to last 2 sts, K2.

**Row 2** (Right side): P2, K4, (P3, K4) across to last 2 sts, P2.

**Row 3:** K2, P4, (K3, P4) across to last 2 sts, K2.

**Row 4:** P2, C2B, (P3, C2B) 3 times, (P3, C2F) 4 times, P2.

Repeat Rows 1-4 until Sleeve measures approximately 12" **or desired length**, ending by working a **wrong** side row.

Bind off remaining sts **loosely** in pattern.

Repeat for second Sleeve.

## FINISHING

### COLLAR

With **right** side facing and using circular needle, pick up 5 sts along right Back Neck edge, pick up 25 sts across Back Neck, pick up 5 sts along left Back Neck edge, pick up 14 sts along left Front Neck edge, pick up 25 sts along Front Neck edge, pick up 14 sts along right Front Neck edge, place marker: 88 sts.

**Round 1:** Purl around.

**Round 2:** (K1, P1) around.

Repeat Rounds 1 and 2 for pattern until Collar measures approximately 9", ending by working Round 1.

Bind off all sts **loosely** in pattern.

Sew underarm and side in one continuous seam.

### BOTTOM EDGING (Optional)

With **right** side facing and using crochet hook, join yarn with slip st at side seam, ch 1; sc evenly around bottom edge of Tunic; join with slip st to first sc, finish off.

